



STEPS TO REGISTER

STEP 1: MAKE IT SIMPLE! REGISTER ONLINE!

Go to www.allstarchallenge.com and click on Register Online.

OR

Completely fill out pages 7 (Payment and Registration Form) and 6 (Team Registration). Double-check to make sure that divisions and levels are correct. Be sure to fill in the email address, since confirmation information will be sent via email. Fill out the Credit Card information at the bottom of page 7 or enclose a check for your deposit. Send completed forms and payment to:

**Allstar Challenge
4907 South Alston Ave
Durham, NC 27713**

Full payment is due in the All Star Challenge office on or before the Final Registration Date. Visa, MasterCard and American Express are accepted. No individual checks are accepted. Any payments received after the Final Registration Date must be in the form of a cashier's check or money order.

STEP 2:

Select the hotel of your choice and reserve your room block NOW! Make sure to reference All Star Challenge when making reservations to receive our negotiated group rate.

www.allstarchallenge.com/877.997.9599

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QUICK FACTS

Event	Queen of The Nile	Battle Under the Big Top	King of the Jungle	Clash of The Titans	Return to Atlantis
Date of Event	Nov. 14-15, 2009	Dec. 12-13, 2009	Feb. 20-21, 2010	Mar. 20-21, 2010	Apr. 17-18, 2010
Event Location	Cincinnati, OH	Atlanta, GA	Greensboro, NC	Jacksonville, FL	Baltimore, MD
Venue	Duke Energy Center	Georgia International Convention Center	Greensboro Convention Center	Prime Osborne Convention Center	Baltimore Convention Center
Registration					
Participant	\$105	\$110	\$105	\$125	\$125
Crossovers	\$95	\$95	\$95	\$95	\$95
Coaches	1 free per team	1 free per team	1 free per team	1 free per team	1 free per team
Final Registration Date	October 28, 2009	November 23, 2009	February 3, 2010	March 3, 2010	April 1, 2010
Admission					
Spectator Fee First Round Saturday	\$15	\$15	\$15	\$15	\$15
Spectator Fee Second Round Sunday	\$15	\$15	\$15	\$15	\$15
Children 5-18	\$10	\$10	\$10	\$10	\$10

GENERAL PERFORMANCE REQUIREMENTS

CHEER TEAMS

1. Teams must have at least 5 members and no more than 36.
2. Total routine must be between 2 min and 2 min 30 seconds.
3. We suggest "all music" routines.

CHEER SAFETY GUIDELINES AND LEVEL RESTRICTIONS.

The All Star Challenge follows the level breakdown and safety guidelines as recommended by the National All Star Cheerleading Coaches' Congress (NACCC) and adopted by the United States All Star Federation. (USASF) For most recent revisions please see www.nacccongress.com or www.usasf.net

DANCE TEAMS

1. Teams must have at least 5 members. There is no maximum limit.
2. Total routine may not exceed 2 min and 15 seconds.
3. Participants may compete in more than one dance division as long as they abide by the age restrictions in all divisions in which they compete and register as a crossover.

DANCE SAFETY GUIDELINES

Tumbling

Only forward rolls, back rolls, and shoulder rolls are allowed. Individual back bends and handstands are permitted so long as they do not involve hip over head rotation (exception: Hip Hop stalls are allowed). No back handsprings, back tucks or aerials allowed.

Dance Lifts

Dance lifts are permitted and are defined as an action in which a dancer is elevated from the performance surface and set down. The lifting dancer must maintain direct contact with the performance surface at all times. The lifting dancer must maintain ultimate control over the momentum, positioning, changes in position and return to the performance surface of the lifted dancer through hand/arm to body contact. If the lifted dancer is supported by 2 or more people, rotation below the lifting dancer's shoulders may occur. All cheer stunts and/or pyramids, or tosses are prohibited.

Costuming

Wearable items are allowed (Examples: Hats, sunglasses, gloves and jackets). Exception: Prop division-all props are allowed.

CATAGORIES

Jazz

- A jazz routine incorporates stylized dance movements and combinations, formation changes, group work, leaps and turns. Emphasis is placed on proper technical execution, extension, control, body placement and team uniformity with incorporated visual effects.

Pom

- Pom routines should include 75% use of pom elements.
- Routines in all pom Divisions will be judged primarily on the use of pom elements. Important characteristics of a pom routine include synchronization and visual effect, clean and precise motions, strong pom technique, and incorporate dance technical elements. Visual effect includes level changes, group work, formation changes, the use of different color poms, etc. Please note that pom is a style for All Star Challenge, not necessarily an apparatus.

Hip Hop

- Routines in all Hip Hop Divisions will be judged primarily on the use of funk hip-hop elements.
- Routines should feature street style movements with an emphasis on execution, style, creativity, body isolations and control, rhythm, ground work, uniformity and musical interpretation. Teams may also put an additional focus on athletic incorporations such as jumps, jump variations, combo jumps and other tricks.

GIFTS AND AWARDS

TEAM MEMBERS RECEIVE

All Star Challenge Signature Gift

REGISTERED COACHES RECEIVE

Coaches' Hospitality Room

DIVISION CHAMPIONS RECEIVE

Championship Banner
Team Star Plaque
All Star Challenge National Champion Gift

SUPER DIVISION CHAMPIONS RECEIVE

\$1000 CASH PRIZE

Super Divisions combine the scores of teams of the same ability level and similar age level to create mini championships within the competition. By including the ability level in determining the groupings more opportunities to win are created and the value of every team's performance regardless of skill is acknowledged. From Level One Tiny to Open Cheer and Dance there may be as many as 19 chances to win cash prizes.

SUPER DIVISION LEVELS

LEVEL 1 YOUTH

Tiny Level 1
Mini Level 1
Youth Small Level 1
Youth Large Level 1

JUNIOR

Junior Small Level 1
Junior Large Level 1
Senior Level 1

LEVEL 2 YOUTH

Mini Level 2
Youth Small Level 2
Youth Large Level 2

JUNIOR

Junior Small Level 2
Junior Large Level 2

SENIOR

Senior Small Level 2
Senior Large Level 2

LEVEL 3 YOUTH

Mini Level 3
Youth Small Level 3
Youth Large Level 3

JUNIOR

Junior Small Level 3
Junior Large Level 3
Junior Coed Level 3

SENIOR

Senior Small Level 3
Senior Large Level 3
Senior Coed Level 3

LEVEL 4 YOUTH

Youth Small Level 4
Youth Large Level 4

JUNIOR

Junior Small Level 4
Junior Large Level 4
Junior Coed Level 4

SENIOR

Senior Small Level 4
Senior Large Level 4
Senior Coed Level 4
Senior Level 4.2

LEVEL 5 YOUTH

Youth Small Level 5
Youth Large Level 5

JUNIOR

Junior Small Level 5
Junior Large Level 5
Junior Coed Level 5

SENIOR

Senior Open Level 5*
Senior Small Level 5*
Senior Large Level 5*
International Open Level 5*

SENIOR COED

Senior Small Limited Coed 5*
Senior Limited Coed Level 5*
Senior Semi-Limited Coed 5*
Senior Unlimited Coed Level 5*
International Open Coed Level 5*

*Not at Battle Under the Big Top

LEVEL 6 OPEN CHEER

Open Level 6*
Open Coed Level 6*

DANCE MINI DANCE

Tiny Jazz
Tiny Hip Hop
Tiny Pom
Mini Jazz
Mini Hip Hop
Mini Pom

YOUTH DANCE

Youth Jazz
Youth Hip Hop
Youth Pom

JUNIOR DANCE

Junior Jazz
Junior Hip Hop
Junior Pom

SENIOR DANCE

Senior Jazz
Senior Hip Hop
Senior Pom

OPEN DANCE

Open Jazz
Open Hip Hop
Open Pom

(Super Divisions must consist of at least 5 teams and must be the result of a combination of divisions. (Exceptions: Youth Level 5 and Open Dance.) Simply having 5 teams in a division absent combination with another division is insufficient.)

OUTSTANDING ACHIEVEMENT SPECIALTY AWARDS

Jumps, Dance – Cheer Division, Technical Dance – Dance Division, Standing Tumbling, Running Tumbling, Pyramids, Partner Stunting,
Uniform – Cheer Division, Uniform Dance Division, Music – Cheer Division, Music – Dance Divisions, Tosses, and Best Fans

(A separate judge's panel selects these awards based on subjective opinion.)

BEST CHOREOGRAPHY

Youth (includes Tiny, Mini, and Youth), Junior, Senior, Senior Coed, and Dance Divisions

(As determined by a separate judging panel and based on subjective opinion.)

www.allstarchallenge.com/877.997.9599

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SCORING



Teams are judged by 10 judges over the course of the competition. No scores are dropped. The two performance totals are added together to obtain the team's two day total. Each day is worth 50% of the final score. Should this calculation result in a tie, ties are broken by two day total of the team's technical score.

DANCE

JAZZ		POM	
TECHNICAL MERIT		TECHNICAL MERIT	
Turns	10	Placement/Control/Pace	10
Leaps	10	Levels/Ground Work/Group	10
Flexibility	10	Visual Effects	10
Uniformity/Precision	10	Uniformity/Precision	10
Formations/Spacing	10	Formations/Spacing	10
Music Interpretation	10	Music Interpretation	10
EXECUTION		EXECUTION	
Technique	10	Technique	10
Perfection	10	Perfection	10
PRESENTATION		PRESENTATION	
Showmanship	10	Showmanship	10
Choreography	10	Choreography	10
Creativity	10	Creativity	10
Overall Impression	10	Overall Impression	10
TOTAL	120	TOTAL	120

HIP HOP	
TECHNICAL MERIT	
Hip Hop Elements	10
Style/Variety	10
Power Moves/Tricks	10
Uniformity/Precision	10
Formations/Spacing	10
Music Interpretation	10
EXECUTION	
Technique	10
Perfection	10
PRESENTATION	
Showmanship	10
Choreography	10
Creativity	10
Overall Impression	10
TOTAL	120

CHEER

TECHNICAL MERIT	
Standing Tumbling	10
Running Tumbling	10
Stunts	10
Pyramids	10
Tosses	10
Technique - Restricted Skills	10
Motions	10
Jumps	10
Dance	10
Execution	10
TOTAL	100
PRESENTATION	
Showmanship	10
Spacing/Formations	10
Choreography/Flow	10
Creativity	10
Overall Impression	10
TOTAL	50
GRAND TOTAL	150

SPECIALITY DIVISIONS

TECHNICAL MERIT	
Technique	10
Creativity	10
Transitions	10
Difficulty of Routine	10
Use of Music	10
Overall Perfection	10
Overall Impression	10
TOTAL	70
PRESENTATION	
Technique	5
Creativity	5
Choreography	5
Difficulty of Routine	5
Use of Music	5
Appearance/Costume	5
Showmanship	10
Overall Perfection	15
Overall Impression	15
TOTAL	70
CHEER INDIVIDUAL	
Motions	5
Jumps	5
Standing Tumbling	5
Running Tumbling	5
Dance	5
Showmanship	5
Choreography/Creativity	10
Overall Perfection	15
Overall Impression	15
TOTAL	70

MAXIMUM SCORE ALLOWED IN RESTRICTED SKILLS					
	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5
Standing Tumbling	5	6.25	7.5	8.75	10
Running Tumbling	5	6.25	7.5	8.75	10
Stunts	5	6.25	7.5	8.75	10
Pyramids	5	6.25	7.5	8.75	10
Tosses	N/A	6.25	7.5	8.75	10
PENALTY FOR LEVEL VIOLATIONS (Deducted off the Average Score)					
Standing Tumbling	5	6.25	7.5	8.75	10
Running Tumbling	5	6.25	7.5	8.75	10
Stunts	5	6.25	7.5	8.75	10
Pyramids	5	6.25	7.5	8.75	10
Tosses	N/A	6.25	7.5	8.75	10



CHEER & DANCE DIVISIONS

CHEER DIVISIONS	AGE*	SEX	# ON SQUAD
LEVEL 1			
Tiny Level 1	• 5yrs & younger	• Female/Male	• 5 - 36 members
Mini Level 1	• 8 yrs & younger	• Female/Male	• 5 - 36 members
Youth Level 1	• 11 yrs & younger	• Female/Male	• 5 - 36 members
Junior Level 1	• 14 yrs & younger	• Female/Male	• 5 - 36 members
Senior Level 1	• 18 yrs & younger	• Female/Male	• 5 - 36 members
LEVEL 2			
Mini Level 2	• 8 yrs & younger	• Female/Male	• 5 - 36 members
Youth Level 2	• 11 yrs & younger	• Female/Male	• 5 - 36 members
Junior Level 2	• 14 yrs & younger	• Female/Male	• 5 - 36 members
Senior Level 2	• 18 yrs & younger	• Female/Male	• 5 - 36 members
LEVEL 3			
Mini Level 3	• 8 yrs & younger	• Female/Male	• 5 - 36 members
Youth Level 3	• 11 yrs & younger	• Female/Male	• 5 - 36 members
Junior Level 3	• 14 yrs & younger	• No Males	• 5 - 36 members
Junior Coed Level 3	• 14 yrs & younger	• 1 or more Male	• 5 - 36 members
Senior Level 3	• 18 yrs & younger	• No Males	• 5 - 36 members
Senior Coed Level 3	• 18 yrs & younger	• 1 or more Male	• 5 - 36 members
LEVEL 4			
Youth Level 4	• 11 yrs & younger	• Female/Male	• 5 - 36 members
Junior Level 4	• 14 yrs & younger	• No Males	• 5 - 36 members
Junior Coed Level 4	• 14 yrs & younger	• 1 or more Male	• 5 - 36 members
Senior Level 4	• 18 yrs & younger	• No Males	• 5 - 36 members
Senior Coed Level 4	• 18 yrs & younger	• 1 or more Male	• 5 - 36 members
Senior Level 4.2	• 18 yrs & younger	• Female/Male	• 5 - 36 members
LEVEL 5			
Youth Level 5	• 11 yrs & younger	• Female/Male	• 5 - 36 members
Junior Level 5	• 14 yrs & younger	• No Males	• 5 - 36 members
Junior Coed Level 5	• 14 yrs & younger	• 1 or more Male	• 5 - 36 members
Senior Level 5	• 12 - 18 yrs old	• No Males	• 5 - 36 members
Senior Limited Coed Level 5	• 12 - 18 yrs old	• 1-4 Males	• 5 - 36 members
Senior Semi-Limited Coed Level 5	• 12 - 18 yrs old	• 5-12 Males	• 5 - 36 members
Senior Unlimited Coed Level 5	• 12 - 18 yrs old	• 5 or more Males	• 5 - 36 members
International Open Level 5	• 14 yrs & older	• No Males	• 5 - 24 members
International Open Coed Level 5	• 14 yrs & older	• 1-12 Males	• 5 - 24 members
LEVEL 6			
Open Level 6	• 17 yrs & older	• No Males	• 5 - 24 members
Open Coed Level 6	• 17 yrs & older	• 1 or more Male	• 5 - 24 members
Special Needs	• Any Age	• Female/Male	• Unlimited

DANCE DIVISIONS	AGE	SEX	# ON SQUAD
Tiny Jazz	• 5 years & younger	• Female/Male	• 5+ members
Tiny Pom	• 6 years & younger	• Female/Male	• 5+ members
Tiny Hip Hop	• 7 years & younger	• Female/Male	• 5+ members
Mini Jazz	• 8 years & younger	• Female/Male	• 5+ members
Mini Pom	• 8 years & younger	• Female/Male	• 5+ members
Mini Hip Hop	• 8 years & younger	• Female/Male	• 5+ members
Youth Jazz	• 11 years & younger	• Female/Male	• 5+ members
Youth Pom	• 11 years & younger	• Female/Male	• 5+ members
Youth Hip Hop	• 11 years & younger	• Female/Male	• 5+ members
Junior Jazz	• 14 years & younger	• Female/Male	• 5+ members
Junior Pom	• 11 years & younger	• Female/Male	• 5+ members
Junior Hip Hop	• 11 years & younger	• Female/Male	• 5+ members
Senior Jazz	• 11 years & younger	• Female/Male	• 5+ members
Senior Pom	• 11 years & younger	• Female/Male	• 5+ members
Senior Hip Hop	• 11 years & younger	• Female/Male	• 5+ members
Open Jazz	• 14 years & older	• Female/Male	• 5+ members
Open Pom	• 14 years & older	• Female/Male	• 5+ members
Open Hip Hop	• 14 years & older	• Female/Male	• 5+ members

Be sure to check on USASF.com for updates on any additional division requirements or updated rules and requirements



ALL STAR CHALLENGE PAYMENT & REGISTRATION FORM



Event Name	Event Date	Event Price

Gym Owner's Name
Gym Owner's Home Address
City, State, Zip
Gym Owner's Daytime Phone
Gym Owner's Cell Phone
Gym Owner's Email

Program Name
Gym Name
Program Address
City, State, Zip
Gym Phone
Gym Web Address

Contact Person's Name
Contact's Home Address
City, State, Zip
Contact's Daytime Phone
Contact's Cell Phone
Contact's Email

PROGRAM PARTICIPANTS	
___ X \$105 - QUEEN	=
___ X \$110 - BIG TOP	
___ X \$105 - KING	
___ X \$125 - CLASH	
___ X \$125 - ATLANTIS	
subtotal A	

CROSSOVERS	
___ X \$95 =	=
subtotal B	

COACHES		
(___)	___	X \$50 =
TOTAL COACHES	PAYING COACHES	
One coach per team free		
subtotal C		

GYM SIZE	
___ SMALL GYM	___ LARGE GYM
A "Small Gym" is defined as having one physical address for its location and has 75 or less athletes registered in its competitive cheer program at the time of competition.	
Please check one.	

COMPETITION
Queen of the Nile
Battle Under the Big To
King of the Jungle
Clash of the Titans
Return to Atlantis

REGISTRATION DEADLINE
Oct. 28, 2009
Nov. 23, 2009
Feb. 3, 2010
Mar. 3, 2010
Apr. 1, 2010

Make checks payable to:

All Star Challenge
4907 S. Alston Ave.
Durham, NC 27713

PAYMENT TOTAL	
Sum of all subtotals above (A+B+C)	_____
DEPOSIT X \$50 per participant	- _____
TOTAL AMOUNT DUE	= _____

IF PAYING BY CREDIT CARD	CARDHOLDER INFORMATION
Cardholder Name	Cardholder's Address
Card Type	City, State, Zip
Card Number	Home Phone #
Exp. Date	Daytime Phone #
Amount Charged	Email Address
09-10 ASC Registration Final	



